

Your Best Resource
for Problem Solving.



What is the EAP?



- ## About EAP Consultants
- Providing EAP services since 1989
 - Received “Administrator’s Award for Excellence” by the U.S. Small Business Administration for providing outstanding EAP services
 - 100% of client companies rate their services good or excellent, and 98% of all clients who use the EAP...



What is the Employee Assistance Program (EAP)?

A service providing:

- Telephonic consultation and online resources for work/life, legal, financial, childcare, eldercare, adoption, pet and academic concerns



What is the Employee Assistance Program (EAP)?

- EAP is pre-paid by USAAC; there is no cost to you
- Services are confidential

Specific Issues Addressed by the EAP



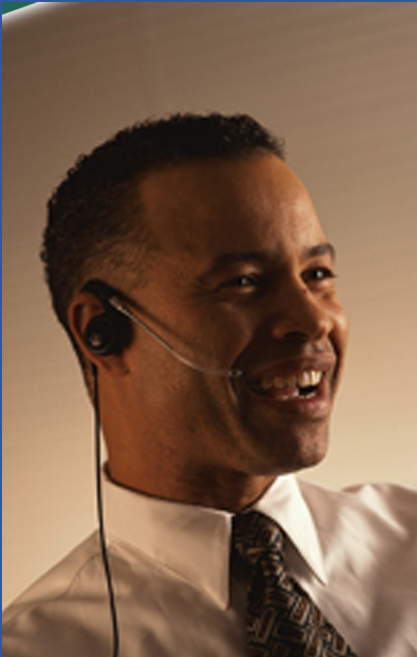
- Stress and Stress Management
- Marital/Family Problems
- Relationship Issues
- Alcohol & Drug Problems
- Work/Career Concerns
- Psychiatric Problems
- Emotional Issues



Who Provides the EAP Services?

- Consultation services are provided by highly experienced specialists
- Specialists for specific problems such as substance abuse, marriage and family
- Multi-lingual clinicians available
- Consultants include attorneys, financial advisors, as well as eldercare and childcare specialists

Confidentiality



All EAP records and services are confidential in adherence with state and Federal confidentiality regulations. USAREC only receives numbers in usage reports, not who uses the EAP services.

No information released without your consent, unless there is information concerning:

- Suspicion of child/elder abuse and/or neglect

Work/Life Services:

- Legal Services
- Financial Consultations
- Childcare Referrals
- Adoption Resources
- Eldercare Referrals
- Academic Referrals
- Pet Services
- Relocation information





Legal Services

Telephone consultation for:

- Housing-Real Estate
- Estate Planning
- Criminal Law
- Consumer/Contract Issues
- Family Law
- Automobile Issues



Legal Services

- Simple wills prepared at no cost
- 25% discount on attorney's hourly rate for legal services rendered beyond the scope of the EAP

Financial Consultations

Telephone consultation for:

- Financial Planning
- Retirement Strategies
- Money Management
- Debt & Financial Problems



On-line Legal/Financial Library

- Numerous online articles on legal and financial matters
- Legal Document Library with examples of legal documents

To access, go to www.eapconsultants.com and click on the Member Access button, then select the Legal/Financial Library. Enter your unit's username as the password when asked to log on.



Childcare Referrals



At least 3 resources are provided.

- Day care
- Emergency care
- In-home care agencies
- Before/After school programs
- Special needs programs
- Nurseries & preschools
- Summer camps
- Transportation services

Eldercare Referrals

At least 3 resources are provided.

- Nursing homes
 - Assisted living
 - Home health
 - Respite care
 - Companion programs
 - Caregiver support
 - Medicare/Medicaid information
- Immediate openings and appropriateness verified.





Adoption Resources

- Private and public adoption agencies
- Adoption support groups
- Adoption attorneys
- State adoption agencies
- Post-adoption counselors



Academic Resources

Our services include:

- Referrals to tutors
- Customized profiles for all types of schools
- College planning guidebooks

Pet Services

- Breeders
- Walkers & sitters
- Groomers
- Kennels
- Veterinarians
- Pet publications



HELPNET



A confidential on-line service with information, education, resources and self-help programs for:

- Child, Elder & Family Care
- School and College Education
- Emotional Well-being
- Health and Wellness
- Financial and Consumer Issues
- Pets, Travel and Recreation

This service is available 24 hours per day, on an unlimited basis.

HELPNET



HELPNET allows military personnel and their families to:

- Conduct instant searches for child care, camps, adoption, elder care and academic resources
- Access expert information and resources on common personal and family issues
- Use confidential self-assessment programs to evaluate important life matters, such as career motivation,



How to Use the EAP

Contact EAP Consultants, Inc. at:
800-XXX-XXXX

or

Request services securely at their
web site:

www.eapconsultants.com

(Click on Member Access, then click
on Request EAP Services.)



Username and Password for Online EAP

Services
Contact your Recruiter
for the username and
password to access the
online services

